

Subject: [EXTERNAL] Alaska COVID-19 and Influenza Weekly Case Update: July 24 – July 30, 2022

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From: Alaska Department of Health

To: Phillip A. Zavadil



Hello,

The Alaska Department of Health Weekly COVID-19 and Influenza Update has been updated with data from the week of July 24 - July 30, 2022 and can be viewed [here](#).

Key Findings:

- COVID-19 transmission remained widespread in most parts of Alaska during the week of July 24–July 30, 2022, with evidence for increasing cases in some areas but decreases elsewhere.
- The number of patients hospitalized with COVID-19 has increased over the past several weeks (see graph below illustrating hospital beds occupied by persons with COVID-19). Most parts of Alaska are at the “high” COVID Community Level as defined by CDC. Learn more about CDC’s recommended prevention steps at each community level [here](#).
- Respiratory viruses can circulate year-round in Alaska. Actions such as staying home when sick, wearing masks, washing hands, and improving ventilation can protect you, your family, and your community from COVID-19, influenza, and other pathogens.

Information and Resources:

- The State of Alaska [COVID-19 vaccines update page](#)
- The State of Alaska [COVID-19 information page](#) provides more information about the virus and how individuals and businesses can protect themselves and others from transmission.
- The DOH [Business and Employer Toolkits](#) page has communications resources for any organization that wants to keep workers, partners, clients, and customers informed about COVID-19.
- DOH [COVID-19 Communication Toolkit](#) provides PSAs, flyers, and social media graphics.
- Subscribe to the [DOH Insights blog](#) for behind-the-scenes news about Alaska’s COVID-19 response and other efforts to protect the health and well-being of Alaskans.
- DOH offers free presentations upon request to groups about COVID-19, the vaccines, COVID

prevention, or other health topics upon request. Learn more or request a presentation on our [Speaker's Bureau web page](#).

- For the most up-to-date case information, see the Alaska COVID-19 Information Hub dashboard: coronavirus.alaska.gov. All dashboard data are updated Wednesdays (except [holidays](#)).
- For DOH media inquiries, please contact bennett@alaska.gov.

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